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Speech and Language Therapy Dummy Facts...



Not all babies or children need a dummy

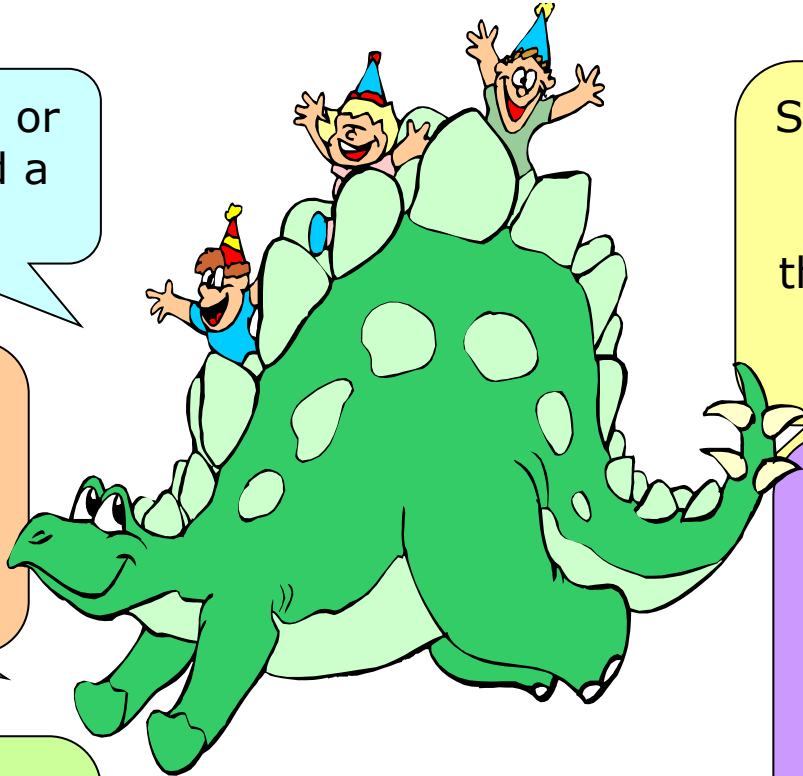
Dummies can be useful to help babies settle to sleep

The younger your child is, the easier it is to wean them off the dummy

It's hard for your child to talk with a dummy in their mouth

Stop giving your child the dummy when they're between 6 and 12 months old

As children get older, using a dummy may increase the risk of speech difficulties, ear infections and may affect the position of their teeth



Look out for 'Dino' the Dummy eating Dinosaur at clinics across Gwent and encourage your child to give their dummy to Dino. If they do, tell the Speech and Language Therapist and your child will receive a certificate!

For further information and advice please speak to your Speech and Language Therapist or visit the speech and language therapy website to download a copy of the Dummy Advice Leaflet:

www.sltgwentabhb.wales.nhs.uk

